

Zone 5 circuit

Section 26: New Barnet to Cockfosters

Distance: 1.85 mi, 2.96 km

Introduction

This is a short section that skirts round a small area of north London. The middle part takes in the Pymme's Brook Trail, and the last half is along the London Loop.

There is a pub near the end, and other places to eat at the end.

Directions

Leave New Barnet station on the east side, by platform 1, and turn left alongside the railway.

At the main road, turn left under the railway, then immediately right alongside it.

Go up the steps on the right, and cross back under the railway.

Keep straight ahead along Lawton Road, and join the Pymme's Brook Trail.

At the T junction, turn left.

Keep straight on when the road bends right.

After a kissing gate, turn right, leaving the Pymme's Brook Trail and joining the London Loop.

Keep straight ahead on the main track all the way to the end of the wood.

Then carry on through the white gate.

Turn right immediately after The Cock, then bear left along Verwood Drive.

Follow the road round to the left, opposite the church.

At the main road, turn right, then enter the subway on the right to reach Cockfosters station.