

Zone 5 circuit

Section 24: Edgware to High Barnet

Distance: 7.00 mi, 11.20 km

Introduction

This section is of moderate length. It is suburban as far as Mill Hill, and rural thereafter. Much of the second half is on or close to the London Loop.

There are places to eat in Mill Hill and High Barnet, but nothing in between.

Directions

Leave Edgware Station by the right-hand entrance and turn right along Station Road.

Turn right down Bakery Path.

At the end, turn right.

At the end, keep going along a footpath.

Carry straight on up another residential road.

At the end, turn right then left along Hale Drive.

Follow the road round a left bend.

Cross the main road, and carry on along the footpath straight ahead.

After the crossing the railway and the M1, take the first turning right.

At the end, turn right.

Take the second turning left, which is Weymouth Avenue.

Take the footpath on the right, and then carry on along a residential road.

At both of the next two T junctions, turn left.

Turn left immediately before the roundabout, then turn right across the dual carriageway by the pedestrian crossing.

Carry on straight ahead along the path, and join a road on the right.

Pass Uphill Road on the left, where we join the Freedom Pass circuit, then take the footpath on the right.

At the end, carry on along Milton Road.

At the end, carry on up the footpath opposite, slightly offset to the left.

At the end, turn left, leaving the Freedom Pass circuit.

At the main road, turn left again.

Pass the main entrance to Mill Hill School, then take the footpath on the right.

Follow this path across a valley, eventually reaching Totteridge Common.

Cross the road and turn left.

Take the footpath on the right, between nos. 50 and 56.

After a descent you reach a T junction and the London Loop. Turn right.

At a fork, keep right. Do not cross Dollis Brook.

Thereafter, keep on the path along the left-hand edge of a succession of fields, with the Dollis Brook on your left.

Eventually the London Loop cross over the Dollis Brook and carries on along the other side, but we stay on this side. The path becomes a little less obvious, but the principle remains the same: keep left at every intersection, but do not cross the brook. Some stretches on the path will be through woods, but most will still be along the left-hand edge of various fields.

Finally, after a couple of miles, you reach a road. Turn left alongside it.

Cross the Dollis Brook, and turn right into the Table Tennis centre. We are now back on the London Loop.

Go through the carpark, then turn left.

At the T junction, turn right then left at the white barrier. Here we leave the London Loop again.

Carry on along a service road. Here we rejoin the Freedom Pass circuit.

At the end, turn left then right along a footpath.

Take the first turning left.

At the end, cross the road and carry on alongside it.

Take the footpath on the right.

At the top, cross the main road, and carry on down the other side to High Barnet station.