

Zone 5 circuit

Section 22: Headstone Lane to Stanmore

Distance: 4.42 mi, 7.07 km

Introduction

This is a fairly undemanding section. The first half goes east through unremarkable suburbs. The third quarter goes north, over a hilly golf course. The final quarter goes east, and includes small slivers of Bentley Priory and Stanmore Country Park. This final quarter is shared with the Freedom Pass and Zone 6 circuits.

There is a pub in Harrow Weald, and a restaurant on the approaches to Stanmore, but not much else in the way of places to eat.

Directions

Turn right out of Headstone Lane station and cross the railway.

Immediately go down the steps on the right.

At the end of the path, turn right along a residential road.

At the end, carry on along a footpath.

Bear right at the first intersection, and go through the underpass.

Bear right along Courtenay Gardens, then left beside the grass.

Keep generally straight ahead until eventually you reach a main road.

Turn right, then take the path on the left, between nos 266 and 264.

At the end, turn right, then right again along Park Rise.

At the end, turn left.

At the end you effectively have a six-way junction. Turn left and cross College Hill Road at the pedestrian crossing, then bear right along The Avenue.

At the end, turn right.

At the roundabout, turn left along Mountside.

At the top of a rise, take the footpath on the left.

Climb up the hill and down the other side.

At the end, carry on along The Chase.

At the end, turn left then right along Bentley Way.

At the T junction, carry on along the footpath straight ahead into Bentley Priory.

Bear right and head across the grass.

At the last intersection before the trees, turn right. We are now on the Zone 6 circuit.

Cross a tarmac path.

Leave Bentley Priory and carry on up Embry Way.

Keep straight ahead past the school.

Cross the road, and carry on along the path opposite.

At the next road, turn right down the hill.

Take the footpath on the left, just before Hewett Close.

At the end, turn right.

At the end, turn left along the footpath.

Turn left in front of a metal gate. Do not enter the park.

At the road, turn right, then take the first left into Stanmore Country Park.

Follow the path round to the left, then fork right.

Bear right before a picnic table and enter the woods. Here we leave the Zone 6 circuit.

Keep straight ahead, then fork right.

At a cross roads, turn right.

Bear right by a small brick building and leave the park. Here we join the Freedom Pass circuit.

Keep straight ahead along Kerry Avenue, at the end of which is Stanmore station.