

# Zone 5 circuit

## Section 19: Ruislip Gardens to Eastcote

Distance: 1.76 mi, 2.82 km

### Introduction

This is a very short section, largely through parks. It starts along Yeading Brook, then goes through Bessingby Park, and finally makes its way along footpaths through a residential area.

There are pubs and cafes at the end.

### Directions

Turn right out of Ruislip Gardens station, and go under the railway.

Turn right into a recreational area.

Pass a play area on the right, then bear right and cross the grass diagonally, aiming just to the right of the houses.

Bear right onto a sandy path, and then turn left just before it goes over Yeading Brook.

Carry on with Yeading Brook on your right.

Cross a road, and keep going along a rough concrete track.

At the end, turn left under a green barrier.

Cross a road, and carry on into Bessingby Park.

Follow the tarmac path, bearing right at the bowls club.

Carry on along a concrete road, passing a play area on the left.

Keep straight ahead after the exit.

Turn right into Melton Close.

Immediately take the footpath on the left.

Go round a sharp right bend, and take the next turning left.

Cross over a road into Dollis Crescent.

At the right bend, keep straight on along a footpath, which leads to the end of another residential road.

Bear left at the fork, to reach another recreation ground.

Carry on along its right-hand edge on the pavement.

At the end, follow the path round to the right.

As you approach the main road, go up the steps on the left, and you will see Eastcote station opposite.