

Zone 5 circuit

Section 7: South Croydon to Belmont

Distance: 7.44 mi, 11.90 km

Introduction

This section is of moderate length. It is suburban initially and for a bit in the middle. The remainder is rural.

There are a few cafes en route, and a pub at the end.

Directions

Turn left on leaving South Croydon station, and go down the steps out of the carpark.

Turn right along the main road, then left along St. Peter's Street.

At the end turn right, then left along the main road.

Take the first right, which is Haling Road.

At the end turn left, and follow Haling Road round to the right.

Turn left along the main road, then right along Haling Park Road.

Take the footpath on the left, just after Avondale Road.

At the end, turn right then left into Haling Grove.

Follow the path along the edge of the park, until you reach the exit.

Turn left immediately after the exit.

Keep straight ahead on the path, past several intersections, as it gradually ascends.

At the end, carry on along Edgehill Road.

Go straight ahead at the mini-roundabout and straight ahead at the traffic lights.

Take the first right, Hillcrest Road, then keep straight ahead along Overhill Road.

At the end carry on along the footpath ahead.

Bear left on the main path, passing playing fields on the left, until you come out onto Roundshaw Downs.

Take the rightmost of the two paths on the left.

Keep straight ahead to the edge of a wood.

At a five-way junction keep straight ahead into the wood.

Keep on the main path, passing allotments on the left and houses (a little way off) on the right.

Cross the road, and turn left onto the path on the other side.

Once back in the woods, before the path joins the road, turn right.

Take the second of two turnings close together on the left.

Carry straight on, onto a tarmac path, past a playground on the left.

Turn left at the road.

At the main road, turn right then left into The Newlands.

At the end, turn right.

Go straight on at the mini-roundabout.

Turn left at the next two T junctions.

Turn left into Onslow Gardens.

Cross the main road, and carry on along Dower Avenue.

At the end, carry straight on ahead.

Keep straight ahead when the road bends right.

Bear left as you approach the top of the slope and keep going along a footpath.

At the end, turn left, and then keep straight ahead along the cycle track.

At the crossroads, turn right.

At the road, turn right, then left into Oaks Park.

Pass the cafe on the left, then immediately turn right twice. Here we briefly join the London Loop.

Keep on the main path through the woods. Bear right in front of a wooden barrier, then go downhill.

When you reach a wooden fence atop a brick wall, follow alongside it (on your left).

When the path emerges onto a wider track, turn right onto it.

Follow the track straight ahead. We leave the London Loop and the track degenerates into a path.

Keep straight ahead along a residential road.

After some houses on the left, take the rightmost of the paths on the left.

At the road, turn right. **We should probably turn right earlier than this.**

Turn right along the main road, then left where a footpath crosses it.

Bear right twice. Later bear left onto a wider track.

At the end, carry on straight ahead up Station Road.

Belmont Station is down the steps on the right.