

# Round London cycle circuit

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## *9: Hadley Wood to Enfield Lock*

Distance: 8.68 miles (14.65 to start, 8.63 from finish)

### **Introduction**

This section joins an extension of the Pymmes Brook Trail to the River Lea. Most of it is along NCR12, but NCR12 has a gap. It is to be hoped that this will be remedied in due course –presumably with a route through Trent Country Park (which currently does not have an exit at its east end).

### **Directions**

Start at the entrance to Hadley Wood station, and cross over the railway line.

Take the second left, which is Lancaster Avenue.

At the end (which is where this stretch of NCR12 currently ends), turn right.

Turn left at the second mini-roundabout.

Keep going until eventually you reach some houses.

Take the first left, which is Oak Avenue.

At the end, turn right then immediately left. This is where NCR12 resumes.

Follow the track, right round the farm buildings, left over Turkey Brook, under the railway line, and right at the T junction.

Keep straight on along the road.

Turn right opposite the church.

After the footbridge, bear left alongside Turkey Brook.

Follow the path alongside Turkey Brook all the way to the park's exit

Cross the road, and carry on along the path opposite.

Bear right at the fork.

At the junction, where you reach the old course of the New River, take the middle path.

Then keep on the main path, with Turkey Brook on your left, all the way to the park's exit.

Cross the road, and carry on along the path opposite.

Cross the New River (which is underground at this point).

At the A10, turn right, go through the subway, and then turn left alongside the A10.

Turn right immediately after the crematorium.

After going under the railway, turn right.

Then turn left along Longfield Avenue.

Cross the main road into the park opposite.

At the T junction, after the school on your right, turn left.

Turn right alongside Turkey Brook.

Cross over the railway line, and then carry on along the other side of Turkey Brook.

Cross two more roads, the second by means of a footbridge.

When they reach the River Lea at Enfield Lock, cross over it, and follow the road round to the right.

This section ends at the entrance to the carpark on the right. To carry on to the next section, turn left down the path alongside another branch of the river.