

Round London cycle circuit

7: Oxhey to South Mimms

Distance: 10.79 miles (24.29 to start, 20.48 from finish)

Introduction

This section joins NCR6 near Watford to the Dollis Valley Green Walk near Barnet. The first part is on NCR6.

Directions

Start on NCR6 halfway between its two crossings over the River Colne south of Watford, where another cycle track joins it up a slope on the south side. Carry on eastwards towards Watford.

When the path emerges onto an area of grass, pass to the left of a children's play area.

At the road, turn left, then right immediately after the bridge.

Follow the path alongside the river.

At the main road, keep straight ahead under the viaduct, along the pavement.

Keep alongside the main road, crossing another road.

Then bear left, between a retail centre and the Pump House Theatre.

Turn right, then left, then right using the pedestrian crossing.

Keep going along the cycle track.

Cross the next road, and keep going alongside the river.

Bear right at the next fork.

Cross another road, and keep following the path with the river on your right.

Bear right to go under another road, then follow the path left then right, with rigger fields on your right, along the pavement.

When the path crosses Bushey Mill Lane, turn right along the pavement on the far side. Here we leave NCR6.

Cross the river, then turn left into Berry Grove Lane.

Bear left along Otterspool Lane.

Keep going, under the M1 and past a barrier.

The path climbs through a wooded area and then passes a golf course.

Turn sharp right immediately after the golf course.

When the path reaches a road, carry straight on along it.

Turn left at the T junction.

After a right bend, take the bridleway on the left, opposite Glebe House.

Follow it across the driveway to Edge Grove School and then alongside a main road.

At the end, carry on along High Cross (away from the main road).

Take the next turning right, and carry straight on along the main road.

Turn right at the mini-roundabout.

Take the first left.

At the end, turn left.

At the end, turn right.

At the next junction turn left into Gills Hill Lane.

When the road bends left, take the footpath straight ahead.

Keep straight ahead when the path joins a road, and then at the junction straight ahead along another stretch of footpath.

At the end, turn right.

At the bottom, go straight across Watling Street into Shenley Hill and over the railway line.

At the mini-roundabout bear left up Shenley Hill.

After the last of the houses on the right, the road bends left. Take the footpath on the right immediately afterwards.

Follow the path, which becomes a track, all the way to the end.

By the entrance to Wood Hall House, bear left along the road.

On reaching Shenley, go straight ahead along the main road.

Turn right at the mini-roundabout.

Shortly after passing under the power lines, turn left into Crosssocks Farm, and pass a barrier.

Keep straight ahead past the farm buildings and a second barrier.

The next junction is the end of this section. For the next section keep straight ahead.